

UCLA'S PREMIER PRE-HEALTH HONOR SOCIETY

ALPHA EPSILON DELTA

RUSH HANDBOOK

SPRING 2024 EDITION



SERVICE | CAMARADERIE | SCHOLARSHIP

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RUSH LOGISTICS

MON
4/1
MEET THE CHAPTER
4:30 PM - 7:30 PM @ Sunset Rec (Mesa Lawn)
Casual Attire

TUE
4/2
PROGRAM NIGHT
4:30 PM - 7:30 PM @ Sunset Rec (Mesa Lawn)
Casual Attire

WED
4/3
PROFESSIONAL NIGHT
4:30 PM - 7:30 PM @ Sunset Rec (Mesa Lawn)
Business Casual Attire

THURS
4/4
INVITE ONLY NIGHT
4:30 PM - 7:30 PM - Details TBD

SAT/SUN
4/6-4/7
INTERVIEWS
9:00 AM - 5:00 PM - Details TBD

RUSH LOGISTICS



Sunset Rec (Mesa Lawn /
Upper Picnic Area)



BEST RUSH PRACTICES

- Approach rush as a way to meet friends, and avoid thinking about competing with others.
- Feel free to wear casual clothes (excluding themed nights) so you can feel more comfortable at rush.
- Take breaks during rush if you need to. Wander over to the snack table where you can relax, drink water, etc.



BEST RUSH PRACTICES

- Get to know the actives of AED and programs we offer! It is important that you can see yourself bonding with the actives and forming long term relationships with them.
- Come to rush with questions prepared to ask the actives!
- Be yourself and let your personality shine! We want to see who you really are, and let you know that we value your time and presence.



FREQUENTLY ASKED QUESTIONS

WHAT IS RUSH?

Rush is an opportunity for our active chapter to get to know you! It is also an opportunity for you to learn about all the different programs and resources we have to offer, and to see if we would be a good fit for you. Expect to be engaging in conversations, listening to speakers, and asking a lot of questions!

DO I HAVE TO ATTEND ALL EVENTS TO BE ELIGIBLE FOR A BID?

Definitely not! Although attendance is highly encouraged, you can still be eligible for a bid by attending at least one day.



FREQUENTLY ASKED QUESTIONS

DO I HAVE TO BE PRE-MED TO JOIN?

Although all majors are welcomed, our organization would be most beneficial for students who are pursuing a career in healthcare. That includes (but is not limited to) pre-medicine, pre-dental, pre-optometry, pre-pharmacy, pre-nursing, pre-research etc!

WHEN IS THE APPLICATION DUE?

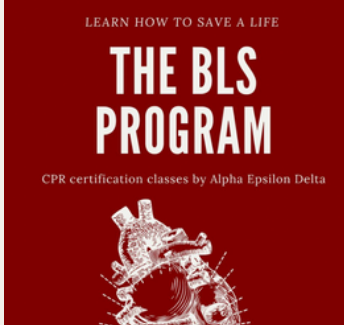
The application will be due on Wednesday, April 3rd at 8:30 pm

WHEN WILL INTERVIEWS BE HELD?

Interviews will be held on Saturday, April 6th, from 9:00am to 5:00 pm and Sunday, April 7th, from 9:00am to 5:00 pm.



PROGRAMS



BASIC LIFE SUPPORT (BLS)

BLS specializes in instructing Basic Life Support (BLS) through the American Heart Association. Lead instructors provide quality education on how to take action in an emergency situation.



ACADEMIC TUTORING PROGRAM (ATP)

ATP offers affordable access to education for students around the Los Angeles area through holding free tutoring sessions for students in grades K-12 throughout the year.



HEALTHY & POWERFUL YOU (HAPY)

HAPY aims to provide free healthcare services, resources and education to underprivileged communities of low socioeconomic status through its health fairs and newsmagazine.



GLOBAL HEALTH INITIATIVE (GHI)

GHI aims to provide sustainable aid to global communities by teaching English lessons to medical staff in Mozambique and spreading awareness of healthcare injustices through its podcast.

PROGRAMS



PEER SUPPORT PROGRAM (PSP)

PSP focuses on mental health advocacy through crisis counseling at the Didi Hirsch Suicide Prevention Center and offering community outreach projects and mental health resources.



BRIDGE FACULTY DINNER

BRIDGE aims to facilitate the growth of personal relationships and networking between actives and UCLA staff through its quarterly dinner events with actives and UCLA faculty.



MYUCLA HEALTH AMBASSADORS (MUHA)

MUHA is dedicated to working with patients and clinical staff 1-on-1 at the Ronald Reagan Medical Center on improving the myUCLAhealth web portal to enhance patient experience.



Care Ambassadors Stem Educators (CASE)

Provide academic support and foster professional growth through the development of mentor-mentee relationships between UCLA students and LAUSD high school students.

ALUMNI INSIGHTS



MADI KIPP

Class: Alpha Epsilon

Career Path: Medicine

School: Stritch School
of Medicine

“AED offers a rich community and support system that we all need as people and as future healthcare providers. Healthcare and medicine are not easy fields to pursue, especially in the current social/political environment. I urge everyone to take the time to look around and appreciate the people who choose to stand by your side. Im so thankful for AED showing me that I’m not alone on this journey.”

THANK YOU

WE ARE EXCITED TO SEE YOU AT RUSH NEXT WEEK!



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